

Course Title: - Health Insurance 101

Course Description:

This course will teach you basics of Health Insurance. Attendees will gain an understanding of how to navigate the Health Insurance System and have questions answered on general terms and techniques.

1. Introduction and Housekeeping (5 minutes)
2. Health Insurance 101 (15 minutes)
 - a. Background
 - b. Underwriting
 - c. Plan Years and Renewals
3. Plans (15 minutes)
 - a. What is the difference between an HMO and a PPO?
 - b. Self- Funded plans explained
 - c. HSA and HRA plans
4. Definitions (10 minutes)
 - a. Small Group
 - b. Large Group
 - c. Individual
 - d. Medicare
5. Conclusion Q&A (5 minutes)